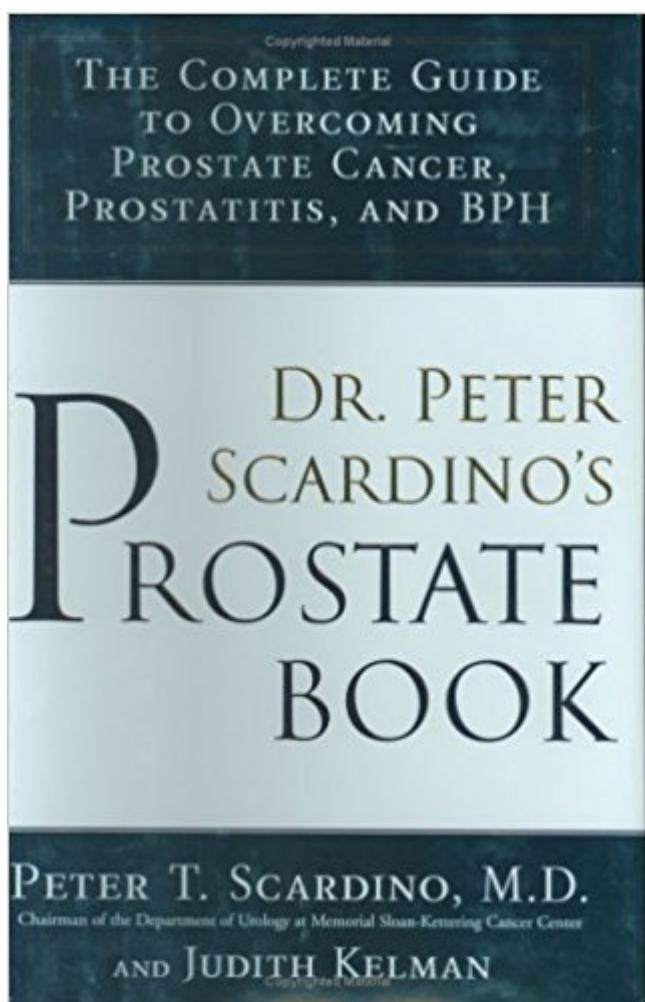


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Dr. Peter Scardino's Prostate Book: The Complete Guide To Overcoming Prostate Cancer, Prostatitis And BPH



Synopsis

Although most men couldn't tell you what the prostate does, an overwhelming majority will be affected by prostate problems at some time in their lives. In his discussion of prostatitis and prostate enlargement (BPH), as well as prostate cancer, Dr. Peter Scardino carefully and clearly explains what can go wrong, how to prevent prostate trouble, and what to do if problems develop. Dr. Scardino has treated thousands of patients at one of the world's best research hospitals. He developed the innovative erectile-nervegrafting procedure that makes it possible for men with serious cancer to recover sexual function and mathematical tools (nomograms) patients and physicians can use to improve medical decision-making. Now men everywhere can access his years of expertise. Dr. Peter Scardino's Prostate Book will help them and their loved ones to: - understand and interpret complicated test results - develop a customized action plan that suits individual needs - get the best care and ensure the best possible recovery from treatment - learn state-of-the-art strategies to prevent prostate diseases This book covers everything a man needs to know about his prostate health-from how aging affects sexual intimacy to asking the right questions to choosing among available therapeutic options. Dr. Scardino discusses cutting-edge strategies, using the latest research findings to explore the many factors that affect patients, including possible complications and ways to minimize them. One in six men in the United States will be diagnosed with cancer, and nearly half the adult male population will be affected by prostatitis. Dr. Peter Scardino's Prostate Book provides the hard facts and a compassionate voice to guide every man to health and healing. Illustrated throughout with line art by Frank Forney.

Book Information

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Customer Reviews

Many men have a dreaded fear of prostate problems that prevents them from seeking help. In response to that approach, Scardino, a practicing urologist at Manhattan's Memorial Sloan-Kettering Cancer Center, quotes Joe Torre regarding his own experience with prostate cancer: "When you get the information, the fear just sort of melts away." This book should diminish many fears with its straightforward, three-part presentation. Part One introduces the normal prostate and its function. Part Two presents common prostate problems that more than half of all men will face: prostatitis and an enlarged prostate. Part Three, the most comprehensive section, presents all that's presently known about prostate cancer (prostate tumors account for one-third of all internal cancers diagnosed in men). In simple, concise prose, Scardino discusses risk factors, prevention and detection. Acknowledging the lack of a standardized treatment, Scardino presents available options and their resultant statistics. Important side effects that many men are curious about but are afraid to bring up with doctors are discussed in detail. Perhaps the book's most valuable parts lie at the beginning of every chapter, where Scardino gives a synopsis of what readers will learn in that section. This is one of the most comprehensive, accessible books on prostate cancer published to date. B&w illus. Agent, Peter Lampack. (Apr.)

Scardino is chairman of the department of urology at Memorial Sloan-Kettering Center in New York and the head of the center's prostate cancer program. Thus, he's eminently suited to write this book, and he delivers a comprehensive and authoritative step-by-step guide to prostate care. (Presumably coauthor Kelman, a novelist, is responsible for the book's accessibility.) Scardino begins with anatomy basics and a discussion of the results of aging. The second section covers common problems, and the final section contains what most readers will be interested in: prostate cancer and how to deal with it. In clear and concise entries, Scardino introduces various approaches to the disease (surgery, watchful waiting, radiation therapy), with advantages and disadvantages listed for each treatment. Sexual, urinary, and bowel side effects are all addressed. An extensive glossary and notes are appended. Scardino says in his introduction that his book represents not one doctor's point of view but a comprehensive, up-to-date guide to the topic. A must for health shelves. Ilene Cooper
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I was understandably upset, frightened and confused when I received my diagnosis (the MD did not give it to me, it, perhaps accidentally, came in a unexpected phone call.) When a co-worker of my nurse-wife talked to me, he recommended this as a book that helped him better understand his own

diagnosis some years earlier I found it invaluable in trying to understand my diagnosis. It is straight forward, easy to read, full of technical/medical information but stated in such a way (with great diagrams) the lay person can easily grasp it. Dr. Peter doesn't have an axe to grind as to which road to take, he carefully explains all the options and encourages the reader to do as much investigation as he can before making any decisions. It is great to have an expert surgeon discuss all aspects of Prostate Cancer and then leave the choices up to the patient. While this is just one of more than 4 books I have read, I believe it is the best, most thorough volume of them all and I highly recommend it to anyone diagnosed with Prostate Cancer and their significant other as well..

A nurse friend recommended Scardino's Prostate Book when my PSA first attracted attention and I was referred by my PCP to a urologist. I read the book before seeing the latter and was most well informed for the initial consultation. I was able to understand what he explained to me as well as able to ask intelligent and informed questions. The book is written in a clear, concise and understandable manner and Scardino's use of a co-author, probably not a medical person, likely contributed to making it easily understandable to the layman. It has been my best book purchase of the year and I believe I either know or have available to me in the book all I am capable of understanding about prostate matters. An excellent resource.

After receiving treatment for prostate cancer, my husband had a lot of questions about side effects and if they were ever going away. His doctors were helpful and he searched the Internet and read everything he could, but he still had a lot of questions. When this book came up on a search, I ordered it for him and we were surprised at how much information it contains. We have both learned a lot and would recommend it to anyone who has a lot of questions about prostate cancer or questions about how the prostate works.

I picked up Dr. Scardino's book when I already knew that I had prostate cancer, but I'd recommend it for any man who is having prostate-related symptoms of any kind. The book's size is daunting at first, but it is very well organized and you can read only the chapters that apply to your situation. It is very readable and up to date. I have also found it helpful in the aftermath of my surgery, which I chose after weighing all the options. The book was very valuable in my decision-making process beforehand.

This book is perhaps the most complete reference I've used to orient myself to the nature of the

disease of Prostate Cancer. Naturally a tad biased to the surgical solution (Dr Scardino is one of the highest rated Prostate Surgeons in the country), it delivers a wealth of information. Knowledge is power, and if you or a loved one have Prostate Cancer, you owe it to yourselves to read this book, and to research the topic in depth.

Very precise, easy to understand information about the prostate, urinary function and cancer. Also informative as far as treatment options for BPH and prostate cancer. We found that our doctor followed most of the information in this book. Anyone with prostate problems or problems with urinary function due to prostate enlargement and/or cancer, should read this book.

My husband was diagnosed with prostate cancer and I had no clue where the prostate gland was or actually what it was suppose to do. After reading Dr. Scardino's book, I was prepared for anything and helped my husband through the terrible diagnosis with a positive attitude. I do not know what I would have done without this knowledge.

This is probably the best source of information out there on prostate cancer and treatment. Dr Scardino is a very good writer and presents the material in a very easy to read format. Recommend this book for everyone seeking factual information on the topic.

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